

## Complete Food Regular Price List March 2021

## Canned Food Items

| <b>LOMA LINDA CANNED</b>                 | <u>Single</u> | <u>Case</u> |
|------------------------------------------|---------------|-------------|
| Big Franks Reg/LF 20 oz 12/case V .....  | 7.49          | 80.99       |
| Big Franks 96 oz 6/case V .....          | 25.99         | 137.99      |
| Chili 20 oz 12/case .....                | 5.29          | 57.99       |
| Chili 50 oz 12/case .....                | 13.39         | 136.99      |
| Choplets 20 oz 12/case .....             | 8.29          | 89.99       |
| Diced Chik 13 oz 12/case .....           | 6.39          | 69.99       |
| FriChik Reg/LF 13 oz 12/case .....       | 6.39          | 69.99       |
| FriChik 42 oz 12/case .....              | 15.99         | 171.99      |
| Fried Chik'n 13 oz 12/case .....         | 6.39          | 69.99       |
| Linketts 20 oz 12/case V .....           | 7.49          | 80.99       |
| Linketts 96 oz 6/case V .....            | 25.99         | 137.99      |
| Little Links 19 oz 12/case V .....       | 7.49          | 80.99       |
| Prime Stakes 13 oz 12/case .....         | 6.39          | 69.99       |
| Prime Stakes 47 oz 12/case .....         | 15.99         | 171.99      |
| Nutolene 15 oz 6/case V/NG .....         | 6.19          | 34.49       |
| Nutmeat 15 oz 6/case V/NG .....          | 6.19          | 34.49       |
| Redi-Burger 19 oz 12/case V .....        | 7.49          | 80.99       |
| Saucettes 19 oz 12/case .....            | 7.49          | 80.99       |
| Super Links 19 oz 12/case .....          | 7.49          | 80.99       |
| Super Links 96 oz 6/case .....           | 25.99         | 137.99      |
| Swiss Stake 13 oz 12/case .....          | 6.39          | 69.99       |
| Swiss Stake 47 oz 12/case .....          | 15.99         | 171.99      |
| Tender Bits 19 oz 12/case V .....        | 8.29          | 89.99       |
| Tender Rounds 19 oz 12/case .....        | 7.49          | 80.99       |
| Tuno Lemon Pepper 5 oz 12/case .....     | 1.79          | 19.99       |
| Tuno in Spring Water 5 oz 12/case .....  | 1.79          | 19.99       |
| Tuno Sriracha 5 oz 12/case .....         | 1.79          | 19.99       |
| Vege-Burger 19 oz 12/case V .....        | 7.49          | 80.99       |
| Vegetable Skallops 20 oz 12/case V ..... | 7.49          | 80.99       |
| Vegetable Skallops 50 oz 12/case V ..... | 15.99         | 171.99      |
| Vegetable Steaks 20 oz 12/case V .....   | 7.49          | 80.99       |
| Vegetarian Burger 20 oz 12/case V .....  | 7.49          | 80.99       |
| Vegetarian Burger 50 oz 12/case .....    | 15.99         | 171.99      |
| Veja-Links Reg/LF 19 oz 12/case .....    | 7.49          | 80.99       |

| <b>LOMA BLUE CANNED</b>                      | <b>Discontinued</b> | <u>Single</u> | <u>Case</u> |
|----------------------------------------------|---------------------|---------------|-------------|
| ___ Five Bean Chili 15 oz 12/case V/NG ..... |                     | 4.99.....     | 54.99       |
| ___ Simple Franks 20 oz 12/case V.....       |                     | 6.99.....     | 75.99       |

| LOMA BLUE MEAL POUCHES                              | Single     | Case  |
|-----------------------------------------------------|------------|-------|
| ___ Chipotle Bowl 10 oz 6/case NG.....              | 4.19.....  | 23.99 |
| ___ Greek Bowl 10 oz 6/case NG.....                 | 4.19.....  | 23.99 |
| ___ Hawaiian Bowl 10 oz 6/case NG.....              | 4.19.....  | 23.99 |
| ___ Hearty Stew 10 oz 6/case NG.....                | 4.19.....  | 23.99 |
| ___ Mediteranean Tomato & Olive 10 oz 6/case NG     | 4.19 ..... | 23.99 |
| ___ Pad Thai 10 oz 6/case NG.....                   | 4.19.....  | 23.99 |
| ___ Sloppy Joe 10 oz 6/case NG.....                 | 4.19.....  | 23.99 |
| ___ Southwest Chunky Stew 10 oz 6/case NG.....      | 4.19.....  | 23.99 |
| ___ Thai Green Curry 10 oz 6/case NG.....           | 4.19.....  | 23.99 |
| ___ Thai Red Curry 10 oz 6/case NG.....             | 4.19.....  | 23.99 |
| ___ Tikka Masala 10 oz 6/case NG.....               | 4.19.....  | 23.99 |
| ___ Ultimate Vegetarian Chili 10 oz 6/case NG ..... | 4.19.....  | 23.99 |

## COMPANION

|                                             |            |           |       |
|---------------------------------------------|------------|-----------|-------|
| ___ Cha'i Pow Yu - Braised Gluten.....      | 10 oz..... | 2.59..... | 55.99 |
| ___ Curry Cha'i Pow Yu.....                 | 10 oz..... | 2.59..... | 55.99 |
| ___ Mock Chicken - Braised Bean Curd.....   | 10 oz..... | 2.59..... | 55.99 |
| ___ Mun Cha'i Ya - Duck Braised Gluten..... | 10 oz..... | 2.59..... | 55.99 |

## OTHER CANNED 12/CASE

|                                  |            |           |       |
|----------------------------------|------------|-----------|-------|
| Chilli Man w/Beans .....         | 15 oz..... | 1.99..... | 21.99 |
| Green Ripe Olives .....          | 6 oz.....  | 3.19..... | 34.99 |
| Brown Rice and Lentils .....     | 15 oz..... | 2.69..... | 28.99 |
| Brown Rice and Pinto Beans ..... | 15 oz..... | 2.59..... | 28.99 |
| Aduki Beans .....                | 15 oz..... | 2.69..... | 32.99 |
| Black Beans .....                | 29 oz..... | 4.09..... | 45.19 |
| Cannellini Beans.....            | 29 oz..... | 4.59..... | 51.19 |
| Garbanzo Beans.....              | 29 oz..... | 4.09..... | 45.99 |
| Great Northern Beans.....        | 29 oz..... | 3.99..... | 44.59 |
| Kidney Beans.....                | 29 oz..... | 4.29..... | 47.39 |
| Navy Beans.....                  | 29 oz..... | 4.19..... | 46.59 |
| Pinto Beans.....                 | 29 oz..... | 3.89..... | 43.19 |

## MIRACLE NOODLE-Shirataki Noodles

|                             |           |      |
|-----------------------------|-----------|------|
| Angel Hair Noodles .....    | 7 oz..... | 2.69 |
| Fettuccini Noodles .....    | 7 oz..... | 2.69 |
| Garlic Herb Fettuccine..... | 7 oz..... | 2.69 |
| Rice .....                  | 7 oz..... | 2.69 |
| Spinach Angel Hair.....     | 7 oz..... | 2.69 |
| Ziti Style .....            | 7 oz..... | 2.69 |

**V - Vegan**

**GF - Gluten Free**

NG -Non-GMO

**ALL PRICES AND AVAILABILITY SUBJECT TO CHANGE**

## Frozen Food Items

| <b>WORTHINGTON FROZEN</b>                    | <u>Single</u> | <u>Case</u> |
|----------------------------------------------|---------------|-------------|
| Chicken Roll 4 lb 4/case .....               | 36.99         | 123.99      |
| Corned Beef Roll 4 lb 4/case.....            | 36.99         | 123.99      |
| Salami Roll 4 lb 4/case.....                 | 36.99         | 123.99      |
| Turkey Roll 4 lb 4/case.....                 | 36.99         | 123.99      |
| Wham Roll 4 lb 4/case.....                   | 36.99         | 123.99      |
| Chic-ketts Roll 4 lb 4/case.....             | 36.99         | 123.99      |
| Chic-ketts Roll 16 oz 12/case.....           | 8.99          | 96.99       |
| Dinner Roast 32 oz 6/case.....               | 17.99         | 94.99       |
| Fripat Burger 9 oz 8/case .....              | 5.29          | 39.99       |
| Fripat Burger Family Pack 12 ct 4/case ..... | 13.99         | 51.69       |
| Leanies 8.5 oz 8/case .....                  | 5.29          | 39.99       |
| Meatless Tuna Roll 12 oz 12/case.....        | 6.29          | 63.29       |
| Prosage Roll 16 oz 12/case.....              | 8.99          | 96.99       |
| Sausage Links 8 oz 8/case.....               | 5.29          | 39.99       |
| Sausage Patties 8 oz 8/case.....             | 5.29          | 39.99       |
| Steaklet 10 oz 8/case.....                   | 5.29          | 39.99       |
| X Burger 8 oz 6/case.....                    | 6.79          | 35.89       |
| X Burger Family Pack 10 ct 4/case .....      | 32.69         | 120.19      |
| Deli Slices 8 oz 8/case .....                | 5.29          | 39.99       |

Chicken, Corned Beef, Salami, Turkey, Ham (Wham)

## RUTH'S FROZEN

|                             |                    |            |       |
|-----------------------------|--------------------|------------|-------|
| ___ Sunflower Patties ..... | 10 oz 8/case ..... | 6.19 ..... | 46.23 |
| Sweet & Tangy Meatballs     | 8 oz 8/case .....  | 5.49 ..... | 46.39 |

**MORNINGSTAR FARMS FROZEN**

|                                            |             |             |             |       |
|--------------------------------------------|-------------|-------------|-------------|-------|
| Bacon Strips.....                          | 12/cs ..... | 5¼ oz ..... | 4.89 .....  | 54.99 |
| Bacon Strips - Inst Case.....              |             | 320 ct..... |             | 63.99 |
| Breakfast Sausage Links- Inst Case.....    |             | 168 ct..... |             | 76.99 |
| Breakfast Sausage Patties - Inst Case..... |             | 112 ct..... |             | 73.99 |
| BBQ Chik'n Nuggets.....                    | 6/cs .....  | 10 oz.....  | 4.89 .....  | 27.29 |
| Chik Patties.....                          | 8/cs .....  | 10 oz.....  | 4.89 .....  | 33.99 |
| Chik Patties - Inst.....                   | 4/cs .....  | 15 ct.....  | 18.59 ..... | 69.99 |
| Chik'n Nuggets.....                        | 6/cs .....  | 10 oz.....  | 4.89 .....  | 27.29 |
| Corn Dogs.....                             | 8/cs .....  | 10 oz.....  | 4.89 .....  | 35.99 |
| Grillers Crumbles.....                     | 6/cs .....  | 12 oz.....  | 5.29 .....  | 28.99 |
| Grillers Crumbles Value Pack.....          | 5/cs .....  | 19 oz.....  | 5.69 .....  | 27.99 |
| Grillers - Inst.....                       | 4/cs .....  | 12 ct.....  | 13.59 ..... | 49.99 |
| Grillers Original.....                     | 8/cs .....  | 9 oz.....   | 4.89 .....  | 35.99 |
| Grillers Value Pack.....                   | 5/cs .....  | 8 ct.....   | 8.39 .....  | 39.99 |
| Incogmeato Burgers.....                    | 4/cs .....  | 2 ct.....   | 6.99 .....  | 40.99 |
| Italian Sausage Crumbles.....              | 6/cs .....  | 10 oz.....  | 4.89 .....  | 27.29 |
| Popcorn Chik'n.....                        | 6/cs .....  | 10 oz.....  | 4.89 .....  | 27.29 |
| Sausage Links .....                        | 12/cs ..... | 8 oz.....   | 4.89 .....  | 54.59 |
| Sausage Patties - Original.....            | 6/cs .....  | 8 oz.....   | 4.89 .....  | 27.29 |
| Sausage Patties Value Pack.....            | 5/cs .....  | 12 ct.....  | 8.39 .....  | 39.29 |

## GARDEIN FROZEN

|                                          |          |       |
|------------------------------------------|----------|-------|
| 7 Grain Crispy Tenders .....             | 9 oz.    | 5.49  |
| Beefless Burger .....                    | 8 oz.    | 5.49  |
| Beefless Ground .....                    | 13.8 oz. | 5.49  |
| Beefless Tips .....                      | 9.0 oz.  | 5.49  |
| Black Bean Burger .....                  | 12 oz.   | 5.49  |
| Breakfast Sausage .....                  | 8 oz.    | 5.49  |
| Chick'n Scallopini .....                 | 10.3 oz. | 5.49  |
| Chick'n Slider .....                     | 9 oz.    | 4.69  |
| Crispy Chick'n Patty .....               | 12 oz.   | 5.49  |
| Crispy Fingers Chipotle Lime .....       | 9 oz.    | 5.49  |
| Fishless Filets .....                    | 10 oz.   | 5.49  |
| Georgia Chipotle Chick'n Wings .....     | 8 oz.    | 5.49  |
| Holiday Roast .....                      | 40 oz.   | 18.99 |
| Mandarin Orange Crispy Chick'n .....     | 10.5 oz. | 5.49  |
| Meatless Meatballs .....                 | 12.7 oz. | 5.49  |
| Porkless Bites .....                     | 10.5 oz. | 5.49  |
| Savory Stuffed Turkey .....              | 16 oz.   | 9.99  |
| Seven Grain Crispy Chick'n Tenders ..... | 10.6 oz. | 5.49  |
| Szechuan Beefless Strips .....           | 10.6 oz. | 5.49  |
| Sweet & Sour Porkless Bites .....        | 10.5 oz. | 5.49  |
| Teriyaki Chick'n Strips .....            | 10.5 oz. | 5.49  |
| Turk'y Cutlets .....                     | 12.3 oz. | 5.49  |

**VEGETARIAN PLUS VEGAN FROZEN**

|                                     |              |       |
|-------------------------------------|--------------|-------|
| Black Pepper Steaks.....            | 10.5 oz....  | 6.19  |
| Chicken Drumsticks Pouch.....       | 7.4 oz....   | 6.19  |
| Chicken Tikka Masala Pouch .....    | 10.5 oz....  | 6.19  |
| Citrus Sparerib Cutlet .....        | 10.5 oz....  | 6.19  |
| Ginger Chicken Pouch .....          | 10.5 oz....  | 6.19  |
| Kung Pao Chicken .....              | 10.5 oz....  | 6.19  |
| Lamb Vindaloo Pouch.....            | 10.5 oz....  | 6.19  |
| Orange Chicken .....                | 10.5 oz....  | 6.19  |
| Thai Lemongrass Fish.....           | 10.5 oz....  | 6.19  |
| Popcorn Chicken.....                | 9 oz....     | 7.99  |
| Vegan Turkey Roll .....             | 1.8 lb ..... | 22.99 |
| Vegan Ham Roll .....                | 2.8 lb ..... | 24.49 |
| Vegan Whole Turkey-(Seasonal) ..... | 6 lb .....   | 45.99 |

## Seasonings and Mixes

|                                             |         |               |       |  |
|---------------------------------------------|---------|---------------|-------|--|
| VEGETARIAN EXPRESS                          |         |               |       |  |
| ___ All Purpose Veggie Seasoning .....      | V ..... | 5 oz.....     | 7.79  |  |
| ___ Beef-Like Seasoning.....                | V ..... | 13.1 oz ..... | 7.49  |  |
| ___ Creamy White Gravy Mix .....            | V ..... | 9.5 oz.....   | 6.19  |  |
| ___ Golden Broth Seasoning .....            | V ..... | 13 oz.....    | 5.99  |  |
| ___ Greek Isle Seasoning .....              | V ..... | 5 oz.....     | 5.69  |  |
| ___ Greek Isle Seasoning Lg.....            | V ..... | 12 oz.....    | 9.59  |  |
| ___ Lemony Dill Zest.....                   | V ..... | 5 oz.....     | 6.19  |  |
| ___ Parma Zaan Sprinkles .....              | V ..... | 6 oz.....     | 7.79  |  |
| ___ Parma Zaan Sprinkles .....              | V ..... | 16 oz.....    | 11.99 |  |
| ___ Pepper-Like Seasoning .....             | V ..... | 4 oz.....     | 5.99  |  |
| ___ Rich Brown Gravy Mix .....              | V ..... | 9.7 oz.....   | 6.49  |  |
| ___ Roasted Garlic Red Bell Pepper Zip..... | V ..... | 5 oz .....    | 4.69  |  |
| ___ Roasted Garlic Red Bell Pepper Zip..... | V ..... | 24 oz ....    | 18.99 |  |
| ___ Saucy Ranch Seasoning .....             | V ..... | 3.6 oz.....   | 4.69  |  |
| ___ Saucy Ranch Seasoning Lg.....           | V ..... | 14 oz.....    | 14.89 |  |
| ___ Veggie Chick Seasoning .....            | V ..... | 6 oz.....     | 6.19  |  |
| ___ Veggie Chick Seasoning Lg.....          | V ..... | 35 oz.....    | 17.99 |  |

|                                        |         |             |      |  |
|----------------------------------------|---------|-------------|------|--|
| OTHER                                  |         |             |      |  |
| ___ Bakon Hickory Seasoning .....      | V ..... | 4¾ oz ..... | 6.69 |  |
| ___ Bill’s Best Beef Seasoning .....   | V ..... | 9 oz.....   | 7.29 |  |
| ___ Bill’s Best Chik’Nish Seasoning .. | V ..... | 11 oz.....  | 6.39 |  |
| ___ Bragg Apple Cider Vinegar .....    | V ..... | 16 oz.....  | 4.29 |  |
| ___ Bragg Apple Cider Vinegar .....    | V ..... | 32 oz.....  | 6.79 |  |
| ___ Bragg Liquid Aminos .....          | V ..... | 16 oz.....  | 5.19 |  |
| ___ Bragg Liquid Aminos .....          | V ..... | 32 oz.....  | 9.39 |  |
| ___ GW Brown Seasoning .....           | V ..... | 1.1oz.....  | 2.25 |  |
| ___ GW Golden Seasoning .....          | V ..... | 1 oz.....   | 2.25 |  |
| ___ Mayacamas Brown Gravy .....        |         | 0.65oz..... | 1.39 |  |
| ___ Mayacamas Chicken Gravy.....       |         | 0.65oz..... | 1.39 |  |
| ___ Mayacamas Country Gravy .....      |         | 0.65oz..... | 1.39 |  |
| ___ Mayacamas Savory Herb Gravy.....   |         | 0.65oz..... | 1.39 |  |
| ___ Mayacamas Turkey Gravy .....       |         | 0.65oz..... | 1.39 |  |
| ___ McKay’s Beef No MSG .....          |         | 12 oz.....  | 7.99 |  |
| ___ McKay’s Beef Vegan (No MSG) .....  | V ..... | 12 oz.....  | 8.49 |  |
| ___ McKay’s Chicken No MSG.....        |         | 12 oz.....  | 7.49 |  |
| ___ McKay’s Chicken Vegan (No MSG) .   | V ..... | 12 oz.....  | 7.99 |  |

|                         |            |           |      |  |
|-------------------------|------------|-----------|------|--|
| NEAT ( <i>NON-GMO</i> ) |            |           |      |  |
| ___ Egg Substitute Mix  | V/GF ..... | 5 oz..... | 4.49 |  |

## Snack Food Items

|                                |             |      |  |
|--------------------------------|-------------|------|--|
| ___ Carob Brownie.....         | 3 ¼oz.....  | 2.59 |  |
| ___ Carob Chip Cookie .....    | 2 ¼ oz..... | 2.09 |  |
| ___ Oatmeal Raisin Cookie..... | 2 ¼oz.....  | 2.09 |  |

|                                        |            |      |  |
|----------------------------------------|------------|------|--|
| DRIED FRUIT                            |            |      |  |
| ___ Mango Slices Unsulphured.....      | 8 oz.....  | 4.59 |  |
| ___ Mango Slices Unsulphured.....      | 16 oz..... | 9.89 |  |
| ___ Papaya Spears Unsulphured .....    | 8 oz.....  | 4.19 |  |
| ___ Pineapple Slices Unsulphured ..... | 8 oz.....  | 4.39 |  |

|                                     |         |            |      |  |
|-------------------------------------|---------|------------|------|--|
| DANDIES                             |         |            |      |  |
| ___ Dandies Marshmallows .....      | V ..... | 10 oz..... | 4.79 |  |
| ___ Dandies Mini Marshmallows ..... | V ..... | 10 oz..... | 4.79 |  |

|                                       |        |            |      |  |
|---------------------------------------|--------|------------|------|--|
| SAM’S JERKY                           |        |            |      |  |
| ___ Harvest Jerky #19 Original Recipe | V..... | 4 oz ..... | 5.49 |  |

|                              |         |            |      |  |
|------------------------------|---------|------------|------|--|
| LOUISVILLE JERKY             |         |            |      |  |
| ___ Carolina BBQ .....       | V ..... | 3 oz ..... | 5.99 |  |
| ___ Maple Bacon.....         | V ..... | 3 oz ..... | 5.99 |  |
| ___ Smoked Black Pepper..... | V ..... | 3 oz ..... | 5.99 |  |

|                          |         |            |      |  |
|--------------------------|---------|------------|------|--|
| MYRTLE GREENS JERKY      |         |            |      |  |
| ___ Black Pepper.....    | V ..... | 4 oz ..... | 5.99 |  |
| ___ Five Spice .....     | V ..... | 3 oz ..... | 5.99 |  |
| ___ Spicy Sriracha.....  | V ..... | 3 oz ..... | 5.99 |  |
| ___ Sweet Teriyaki ..... | V ..... | 3 oz ..... | 5.99 |  |

|                             |         |           |      |  |
|-----------------------------|---------|-----------|------|--|
| SOYSTEAK JERKY              |         |           |      |  |
| ___ Curry Chicken .....     | V ..... | 6 oz..... | 5.49 |  |
| ___ Grilled.....            | V ..... | 6 oz..... | 5.49 |  |
| ___ Hot .....               | V ..... | 6 oz..... | 5.49 |  |
| ___ Light with Tomato ..... | V ..... | 6 oz..... | 5.49 |  |
| ___ Peppered .....          | V ..... | 6 oz..... | 5.49 |  |
| ___ Spicy Chicken.....      | V ..... | 6 oz..... | 5.49 |  |
| ___ Teriyaki.....           | V ..... | 6 oz..... | 5.49 |  |

|                               |         |            |      |  |
|-------------------------------|---------|------------|------|--|
| EDEN SNACKS                   |         |            |      |  |
| ___ Dried Cherries .....      | V ..... | 4 oz ..... | 6.99 |  |
| ___ Dried Cranberries .....   | V ..... | 4 oz.....  | 3.89 |  |
| ___ Pistachios.....           | V ..... | 4 oz ..... | 8.89 |  |
| ___ Pumpkin Seeds .....       | V ..... | 4 oz ..... | 2.29 |  |
| ___ Spicy Pumpkin Seeds ..... | V ..... | 4 oz ..... | 2.59 |  |
| ___ Wild Berry Mix.....       | V ..... | 4 oz ..... | 3.99 |  |

|                                      |         |              |      |  |
|--------------------------------------|---------|--------------|------|--|
| BEANFIELD’S BEAN CHIPS               |         |              |      |  |
| ___ Black Bean with Sea Salt .....   | V ..... | 5.5 oz ..... | 3.69 |  |
| ___ Cheddar Sour Cream .....         | V ..... | 5.5 oz ..... | 3.69 |  |
| ___ Himalayan Pink Salt.....         | V ..... | 5.5 oz ..... | 3.69 |  |
| ___ Himalayan Salt and Vinegar ..... | V ..... | 5.5 oz ..... | 3.69 |  |
| ___ Jalapeno Lime.....               | V ..... | 5.5 oz ..... | 3.69 |  |
| ___ Jalapeno Nacho.....              | V ..... | 5.5 oz ..... | 3.69 |  |
| ___ Nacho.....                       | V ..... | 5.5 oz ..... | 3.69 |  |
| ___ Pico De Gallo .....              | V ..... | 5.5 oz ..... | 3.69 |  |
| ___ Spicy Queso.....                 | V ..... | 5.5 oz ..... | 3.69 |  |

## Other Food Items

|                                                |      |            |            |       |
|------------------------------------------------|------|------------|------------|-------|
| TVP                                            | V/GF | Size       | Single     | SKU   |
| ___ Beef Flavored Chunks .....                 |      | 1 lb ..... | 6.19.....  | 17540 |
| ___ Beef Flavored Chunks .....                 |      | 2 lb ..... | 11.59..... | 30655 |
| ___ Imitation Bacon Bits.....                  |      | 1 lb ..... | 6.29.....  | 17557 |
| ___ Imitation Beef Flavored Bits .....         |      | 1 lb ..... | 5.99.....  | 29342 |
| ___ Imitation Beef Flavored Chunks .....       |      | 1 lb ..... | 5.99.....  | 17541 |
| ___ Imitation Beef Flavored Minced .....       |      | 1 lb ..... | 5.99.....  | 17542 |
| ___ Imitation Chicken Flavored Chunks.....     |      | 1 lb ..... | 5.99.....  | 29338 |
| ___ Imitation Chicken Flavored Strips.....     |      | 8 oz.....  | 4.79.....  | 29343 |
| ___ Imitation Ham Flavored Bits .....          |      | 1 lb ..... | 6.59.....  | 17544 |
| ___ Imitation Taco Flavored Bits .....         |      | 1 lb ..... | 5.79.....  | 17549 |
| ___ Imitation Lamb UnFlavored .....            |      | 1 lb ..... | 4.65.....  | 17551 |
| ___ Imitation Pepperoni Flavored Chiplets..... |      | 1 lb ..... | 6.29.....  | 35860 |
| ___ Imitation Sausage Flavored Bits.....       |      | 1 lb ..... | 6.99.....  | 15089 |
| ___ Savory Stew Mix .....                      |      | 4 oz.....  | 4.49.....  | 35408 |
| ___ Soy Curls .....                            |      | 8 oz.....  | 4.79.....  | 14205 |
| ___ Soy Strips.....                            |      | 1 lb ..... | 5.29.....  | 17548 |
| ___ Soyabeaf Chunks Unflavored .....           |      | 1 lb ..... | 5.29.....  | 17545 |
| ___ Soyabeaf Natural Chunks .....              |      | 1 lb ..... | 5.29.....  | 17547 |
| ___ Soya Beaf Natural Minced .....             |      | 1 lb ..... | 5.29.....  | 17546 |
| ___ Unflavored Chicken Chunks.....             |      | 1 lb ..... | 5.29.....  | 29340 |
| ___ Unflavored Chicken Chunks Large .....      |      | 2 lb ..... | 9.99.....  | 29341 |

|                                        |      |             |        |      |
|----------------------------------------|------|-------------|--------|------|
| OTHER                                  | V/GF | Size        | Single | Case |
| ___ Almond Supreme Raw Whole.....      |      | 8 oz .....  | 6.35   |      |
| ___ Almond Supreme Raw Whole.....      |      | 16 oz.....  | 13.99  |      |
| ___ Carob Chips Sweetened.....         |      | 16 oz.....  | 7.59   |      |
| ___ Carob Chips Unsweetened .....      |      | 16 oz.....  | 7.59   |      |
| ___ Carob Powder .....                 |      | 16 oz.....  | 4.99   |      |
| ___ Cashew Kernels Whole Raw .....     |      | 16 oz... .. | 15.29  |      |
| ___ Cashew Pieces Raw .....            |      | 16 oz.....  | 11.99  |      |
| ___ Flax Seed Brown Organic.....       |      | 16 oz.....  | 4.19   |      |
| ___ Flax Seed Golden Organic.....      |      | 16 oz.....  | 4.99   |      |
| ___ Nutritional Yeast.....             |      | 8 oz.....   | 7.69   |      |
| ___ Nutritional Yeast.....             |      | 16 oz... .. | 14.49  |      |
| ___ Pa’s Pickle Chips .....            |      | 16 oz.....  | 3.79   |      |
| ___ Pa’s Pickle Spears or Relish ..... |      | 16 oz.....  | 3.99   |      |
| ___ Pa’s Pickle Spears.....            |      | 16 oz.....  | 3.59   |      |
| ___ Pecan Meal .....                   |      | 16 oz.....  | 8.19   |      |
| ___ Vital Wheat Gluten .....           |      | 16 oz.....  | 5.99   |      |
| ___ Vital Wheat Gluten .....           |      | 32 oz... .. | 10.99  |      |
| ___ Wheat Bran .....                   |      | 16 oz.....  | 3.99   |      |

## Milk Substitutes

|                                                    |        |      |
|----------------------------------------------------|--------|------|
|                                                    | Single | Case |
| ___ Better Than Milk Original 25.9 oz V .....      | 15.89  |      |
| ___ Better Than Milk Vanilla 22.4 oz V .....       | 15.89  |      |
| ___ Milkadamia Original 32 oz V .....              | 3.69   |      |
| ___ Milkadamia Unsweetened Original 32 oz V.....   | 3.69   |      |
| ___ Milkadamia Unsweetened Vanilla 32 oz V .....   | 3.69   |      |
| ___ Milkadamia Barista Latte Creamer 32 oz V ..... | 3.69   |      |

## Coffee Substitutes

|                              |            |       |
|------------------------------|------------|-------|
|                              | Single     | Case  |
| ___ Cafix Jar 3.5 oz .....   | 5.99       |       |
| ___ Cafix Tin 7.05oz.....    | 9.99       |       |
| ___ Cafix Crystals 7 oz..... | 7.39       |       |
| ___ Pero Tin 7 oz.....       | 8.59       |       |
| ___ Postum 8 oz.....         | 11.99      |       |
| ___ Roma 7 oz NG .....       | 10.29..... | 54.25 |

## Other Health Items

|                                                  |             |       |
|--------------------------------------------------|-------------|-------|
| ___ Charcoal Activated Tablets .....             | 365 ct..    | 24.99 |
| ___ Charcoal Activated Tablets Blister Pack..... | 60 ct....   | 9.99  |
| ___ Charcoal Activated Vegicaps.....             | 125 ct..    | 15.99 |
| ___ Charcoal Powder .....                        | 10 oz ..... | 14.99 |

V - Vegan  
GF - Gluten Free  
NG -Non-GMO

Refrigerated items  
available  
Call for info

ALL PRICES SUBJECT TO CHANGE.