

# Complete Food Regular Price List updated January 2021

## Canned Food Items

| LOMA LINDA CANNED                                      | Single      | Case            |
|--------------------------------------------------------|-------------|-----------------|
| ___ Big Franks Reg/LF 20 oz 12/case V .....            | 7.49.....   | 80.99           |
| ___ Big Franks 96 oz 6/case V .....                    | 25.99.....  | 137.99          |
| ___ Chili 20 oz 12/case .....                          | 5.29.....   | 57.99           |
| ___ Chili 50 oz 12/case .....                          | 13.39.....  | 136.99          |
| ___ Choplets 20 oz 12/case .....                       | 8.29.....   | 89.99           |
| ___ Diced Chik 13 oz 12/case.....                      | 6.39.....   | 69.99           |
| ___ FriChik Reg/LF 13 oz 12/case.....                  | 6.39.....   | 69.99           |
| ___ FriChik 42 oz 12/case .....                        | 15.99.....  | 171.99          |
| ___ Fried Chik’n 13 oz 12/case.....                    | 6.39.....   | 69.99           |
| ___ Linketts 20 oz 12/case V .....                     | 7.49.....   | 80.99           |
| ___ Linketts 96 oz 6/case V .....                      | 25.99.....  | 137.99          |
| ___ Little Links 19 oz 12/case V .....                 | 7.49.....   | 80.99           |
| ___ Prime Stakes 13 oz 12/case.....                    | 6.39.....   | 69.99           |
| ___ Prime Stakes 47 oz 12/case.....                    | 15.99.....  | 171.99          |
| ___ Nutolene 15 oz 6/case V/NG .....                   | 6.19.....   | 34.49           |
| ___ Nutmeat 15 oz 6/case V/NG .....                    | 6.19.....   | 34.49           |
| ___ Redi-Burger 19 oz 12/case V .....                  | 7.49.....   | 80.99           |
| ___ Saucettes 19 oz 12/case .....                      | 7.49.....   | 80.99           |
| ___ Super Links 19 oz 12/case.....                     | 7.49.....   | 80.99           |
| ___ Super Links 96 oz 6/case.....                      | 25.99.....  | 137.99          |
| ___ Swiss Stake 13 oz 12/case.....                     | 6.39.....   | 69.99           |
| ___ Swiss Stake 47 oz 12/case.....                     | 15.99.....  | 171.99          |
| ___ Tender Bits 19 oz 12/case V .....                  | 8.29.....   | 89.99           |
| ___ Tender Rounds 19 oz 12/case.....                   | 7.49.....   | 80.99           |
| ___ Tuno Lemon Pepper 5 oz 12/case .....               | 1.79.....   | 19.99           |
| ___ Tuno in Spring Water 5 oz 12/case .....            | 1.79.....   | 19.99           |
| ___ Tuno Sriracha 5 oz 12/case .....                   | 1.79.....   | 19.99           |
| ___ Vege-Burger 19 oz 12/case V .....                  | 7.49.....   | 80.99           |
| ___ Vegetable Skallops 20 oz 12/case V .....           | 7.49.....   | 80.99           |
| ___ Vegetable Skallops 50 oz 12/case V .....           | 15.99.....  | 171.99          |
| ___ Vegetable Steaks 20 oz 12/case V .....             | 7.49.....   | 80.99           |
| ___ Vegetarian Burger 20 oz 12/case V .....            | 7.49.....   | 80.99           |
| ___ Vegetarian Burger 50 oz 12/case .....              | 15.99.....  | 171.99          |
| ___ Veja-Links Reg/LF 19 oz 12/case .....              | 7.49.....   | 80.99           |
|                                                        |             |                 |
| LOMA BLUE CANNED Discontinued                          | Single      | Case            |
| ___ Chorizo 15 oz 12/case V/NG .....                   | 5.58.....   | 66.96           |
| ___ Fishless Tuna 13 oz 12/case V/NG .....             | 4.75.....   | 55.95           |
| ___ Five Bean Chili 15 oz 12/case V/NG .....           | 4.99.....   | 54.99           |
| ___ Simple Franks 20 oz 12/case V.....                 | 6.99.....   | 75.99           |
| ___ Sloppy Joe 15 oz 12/case V/NG .....                | 5.58.....   | 66.96           |
|                                                        |             |                 |
| LOMA BLUE MEAL POUCHES                                 | Single      | Case            |
| ___ Chipotle Bowl 10 oz 6/case NG.....                 | 4.19.....   | 23.99           |
| ___ Chorizo 10 oz 6/case NG .....                      | 4.19.....   | 23.99           |
| ___ Hearty Stew 10 oz 6/case NG .....                  | 4.19.....   | 23.99           |
| ___ Mediteraanean Tomato & Olive 10 oz 6/case NG ..... | 4.19.....   | 23.99           |
| ___ Pad Thai 10 oz 6/case NG.....                      | 4.19.....   | 23.99           |
| ___ Sloppy Joe 10 oz 6/case NG .....                   | 4.19.....   | 23.99           |
| ___ Southwest Chunky Stew 10 oz 6/case NG .....        | 4.19.....   | 23.99           |
| ___ Thai Green Curry 10 oz 6/case NG .....             | 4.19.....   | 23.99           |
| ___ Thai Red Curry 10 oz 6/case NG.....                | 4.19.....   | 23.99           |
| ___ Tikka Masala 10 oz 6/case NG.....                  | 4.19.....   | 23.99           |
|                                                        |             |                 |
| COMPANION                                              |             |                 |
| ___ Cha’i Pow Yu - Braised Gluten.....                 | 10 oz.....  | 2.59..... 55.99 |
| ___ Curry Cha’i Pow Yu.....                            | 10 oz.....  | 2.59..... 55.99 |
| ___ Mock Chicken - Braised Bean Curd .....             | 10 oz.....  | 2.59..... 55.99 |
| ___ Mun Cha’i Ya - Duck Braised Gluten .....           | 10 oz.....  | 2.59..... 55.99 |
|                                                        |             |                 |
| OTHER CANNED 12/CASE                                   |             |                 |
| ___ Chilli Man w/Beans .....                           | 15 oz.....  | 1.99..... 21.99 |
| ___ Green Ripe Olives .....                            | 6 oz.....   | 3.19..... 34.99 |
| ___ Brown Rice and Lentils.....                        | 15 oz.....  | 2.59..... 28.99 |
| ___ Brown Rice and Pinto Beans.....                    | 15 oz.....  | 2.59..... 28.99 |
| ___ Aduki Beans .....                                  | 15 oz.....  | 2.69..... 30.39 |
| ___ Black Beans .....                                  | 29 oz.....  | 4.09..... 45.19 |
| ___ Cannellini Beans.....                              | 29 oz.....  | 4.59..... 51.19 |
| ___ Garbanzo Beans.....                                | 29 oz.....  | 4.09..... 45.99 |
| ___ Great Northern Beans .....                         | 29 oz.....  | 3.89..... 42.99 |
| ___ Kidney Beans.....                                  | 29 oz.....  | 4.29..... 47.39 |
| ___ Navy Beans.....                                    | 29 oz.....  | 4.09..... 45.99 |
| ___ Pinto Beans.....                                   | 29 oz.....  | 3.89..... 43.19 |
|                                                        |             |                 |
| VEGETARIAN PLUS VEGAN FROZEN                           |             |                 |
| ___ Black Pepper Steaks.....                           | 10.5 oz.... | 6.19            |
| ___ Chicken Drumsticks.....                            | 7.4 oz....  | 6.19            |
| ___ Chicken Tikka Masala .....                         | 10.5 oz.... | 6.19            |
| ___ Citrus Sparerib Cutlet .....                       | 10.5 oz.... | 6.19            |
| ___ Ginger Chicken.....                                | 10.5 oz.... | 6.19            |
| ___ Kung Pao Chicken .....                             | 10.5 oz.... | 6.19            |
| ___ Lamb Vindaloo.....                                 | 10.5 oz.... | 6.19            |
| ___ Orange Chicken .....                               | 10.5 oz.... | 6.19            |
| ___ Thai Lemongrass Fish.....                          | 10.5 oz.... | 6.19            |
| ___ Popcorn Chicken.....                               | 9 oz.....   | 7.99            |
| ___ Vegan Turkey Roll .....                            | 1.8 lb .... | 22.99           |
| ___ Vegan Ham Roll.....                                | 2.8 lb .... | 24.49           |
| ___ Vegan Whole Turkey.....                            | 6 lb ....   | 45.99           |

ALL PRICES AND AVAILABILITY SUBJECT TO CHANGE

## Frozen Food Items

| WORTHINGTON FROZEN                                 | Single             | Case                        |
|----------------------------------------------------|--------------------|-----------------------------|
| ___ Chicken Roll 4 lb 4/case .....                 | 32.99.....         | 116.99                      |
| ___ Corned Beef Roll 4 lb 4/case.....              | 32.99.....         | 116.99                      |
| ___ Salami Roll 4 lb 4/case.....                   | 32.99.....         | 116.99                      |
| ___ Turkey Roll 4 lb 4/case.....                   | 32.99.....         | 116.99                      |
| ___ Wham Roll 4 lb 4/case .....                    | 32.99.....         | 116.99                      |
| ___ Chic-ketts Roll 4 lb 4/case .....              | 32.99.....         | 116.99                      |
| ___ Chic-ketts Roll 16 oz 12/case .....            | 8.49.....          | 91.99                       |
| ___ Dinner Roast 32 oz 6/case.....                 | 16.99.....         | 89.99                       |
| ___ Fripat Burger 9 oz 8/case .....                | 4.39.....          | 34.99                       |
| ___ Fripat Burger Family Pack 12 ct 4/case .....   | 13.19.....         | 48.99                       |
| ___ Leanies 8.5 oz 8/case .....                    | 4.99.....          | 34.99                       |
| ___ Meatless Tuna Roll 12 oz 12/case.....          | 5.99.....          | 59.99                       |
| ___ Prosage Roll 16 oz 12/case.....                | 8.49.....          | 91.99                       |
| ___ Roast Turkey (Dinner Roast) 16 oz 8/case ..... | 8.59.....          | 61.49                       |
| ___ Sausage Links 8 oz 8/case.....                 | 4.99.....          | 37.39                       |
| ___ Sausage Patties 8 oz 8/case.....               | 4.99.....          | 37.39                       |
| ___ Steaklet 10 oz 8/case.....                     | 4.69.....          | 34.99                       |
| ___ X Burger 8 oz 6/case.....                      | 6.39.....          | 33.99                       |
| ___ X Burger Family Pack 10 ct 4/case .....        | 30.99.....         | 113.99                      |
| ___ Deli Slices 8 oz 8/case.....                   | 4.99.....          | 37.39                       |
| Chicken, Corned Beef, Salami, Turkey, Ham (Wham)   |                    |                             |
|                                                    |                    |                             |
| CEDAR LAKE FROZEN                                  |                    |                             |
| ___ Vege-Boloni Roll 4 lb 4/case V .....           | 29.99.....         | 111.99                      |
| ___ Vege-Chikn Roll 4 lb 4/case V .....            | 29.99.....         | 111.99                      |
| ___ Vege-Turkey Roll 4 lb 4/case V .....           | 29.99.....         | 111.99                      |
|                                                    |                    |                             |
| RUTH’S FROZEN                                      |                    |                             |
| ___ Sunflower Patties .....                        | 10 oz 8/case ..... | 6.19..... 46.23             |
| ___ Sweet & Tangy Meatballs .....                  | 8 oz 8/case .....  | 5.49..... 46.39             |
|                                                    |                    |                             |
| MORNINGSTAR FARMS FROZEN                           |                    |                             |
| ___ Bacon Strips .....                             | 12/cs .....        | 5¼ oz..... 4.89..... 54.99  |
| ___ Bacon Strips - Inst Case.....                  | 320 ct.....        | 63.99                       |
| ___ Breakfast Sausage Links- Inst Case.....        | 168 ct.....        | 76.99                       |
| ___ Breakfast Sausage Patties - Inst Case .....    | 112 ct.....        | 73.99                       |
| ___ BBQ Chik’n Nuggets.....                        | 6/cs .....         | 10 oz..... 4.89..... 27.29  |
| ___ Chik Patties.....                              | 8/cs .....         | 10 oz..... 4.89..... 33.99  |
| ___ Chik Patties - Inst.....                       | 4/cs .....         | 15 ct..... 18.59..... 69.99 |
| ___ Chik’n Nuggets.....                            | 6/cs .....         | 10 oz..... 4.89..... 27.29  |
| ___ Corn Dogs.....                                 | 8/cs .....         | 10 oz..... 4.89..... 35.99  |
| ___ Grillers Crumbles.....                         | 6/cs .....         | 12 oz..... 5.29..... 28.99  |
| ___ Grillers Crumbles Value Pack.....              | 5/cs .....         | 19 oz..... 5.69..... 27.99  |
| ___ Grillers - Inst.....                           | 4/cs .....         | 12 ct..... 13.59..... 49.99 |
| ___ Grillers Original .....                        | 8/cs .....         | 9 oz..... 4.89..... 35.99   |
| ___ Grillers Value Pack .....                      | 5/cs .....         | 8 ct..... 8.39..... 39.99   |
| ___ Italian Sausage Crumbles.....                  | 6/cs .....         | 10 oz..... 5.49..... 27.29  |
| ___ Popcorn Chik’n.....                            | 6/cs .....         | 10 oz..... 4.89..... 27.29  |
| ___ Sausage Links .....                            | 12/cs .....        | 8 oz..... 4.89..... 54.59   |
| ___ Sausage Patties - Original.....                | 6/cs .....         | 8 oz..... 4.89..... 27.29   |
| ___ Sausage Patties Value Pack.....                | 5/cs .....         | 12 ct..... 8.39..... 39.29  |
|                                                    |                    |                             |
| GARDEIN FROZEN                                     |                    |                             |
| ___ 7 Grain Crispy Tenders .....                   | 9 oz.....          | 5.49                        |
| ___ Beefless Burger .....                          | 8 oz.....          | 5.49                        |
| ___ Beefless Ground.....                           | 13.8 oz....        | 5.49                        |
| ___ Beefless Tips .....                            | 9.0 oz....         | 5.49                        |
| ___ Black Bean Burger.....                         | 12 oz.....         | 5.49                        |
| ___ Breakfast Sausage.....                         | 8 oz.....          | 5.49                        |
| ___ Chick’n Scallopini .....                       | 10.3 oz....        | 5.49                        |
| ___ Chick’n Slider.....                            | 9 oz.....          | 4.69                        |
| ___ Crispy Chick’n Patty.....                      | 12 oz.....         | 5.49                        |
| ___ Crispy Fingers Chipotle Lime.....              | 9 oz.....          | 5.49                        |
| ___ Fishless Filets.....                           | 10 oz.....         | 5.49                        |
| ___ Georgia Chipotle Chick’n Wings.....            | 8 oz.....          | 5.49                        |
| ___ Holiday Roast .....                            | 40 oz.....         | 18.99                       |
| ___ Mandarin Orange Crispy Chick’n.....            | 10.5 oz....        | 5.49                        |
| ___ Meatless Meatballs .....                       | 12.7 oz....        | 5.49                        |
| ___ Porkless Bites.....                            | 10.5 oz.....       | 5.49                        |
| ___ Savory Stuffed Turkey .....                    | 16 oz.....         | 9.99                        |
| ___ Seven Grain Crispy Chick’n Tenders .....       | 10.6 oz....        | 5.49                        |
| ___ Szechaun Beefless Strips .....                 | 10.6 oz....        | 5.49                        |
| ___ Sweet & Sour Porkless Bites .....              | 10.5 oz....        | 5.49                        |
| ___ Teriyaki Chik’n Strips.....                    | 10.5 oz....        | 5.49                        |
| ___ Turk’y Cutlets .....                           | 12.3 oz....        | 5.49                        |

**\*Frozen foods will only be shipped Mon-Wed and to locations with one day delivery. Frozen food shipments are not insured, non-refundable, and one day arrival is not guaranteed. Customer assumes all risk after shipment is picked up by delivery carrier.**

**V - Vegan**  
**GF - Gluten Free**  
**NG -Non-GMO**

## Seasonings and Mixes

### VEGETARIAN EXPRESS

|                                             |         |               |       |
|---------------------------------------------|---------|---------------|-------|
| __ All Purpose Veggie Seasoning .....       | V ..... | 5 oz .....    | 7.79  |
| __ Beef-Like Seasoning .....                | V ..... | 13.1 oz ..... | 7.49  |
| __ Creamy White Gravy Mix .....             | V ..... | 9.5 oz .....  | 6.19  |
| __ Golden Broth Seasoning .....             | V ..... | 13 oz .....   | 5.99  |
| __ Greek Isle Seasoning .....               | V ..... | 5 oz .....    | 5.69  |
| __ Greek Isle Seasoning Lg .....            | V ..... | 12 oz .....   | 9.59  |
| __ Lemony Dill Zest .....                   | V ..... | 5 oz .....    | 6.19  |
| __ Parma Zaan Sprinkles .....               | V ..... | 6 oz .....    | 7.79  |
| __ Parma Zaan Sprinkles .....               | V ..... | 16 oz .....   | 11.99 |
| __ Pepper-Like Seasoning .....              | V ..... | 4 oz .....    | 5.99  |
| __ Rich Brown Gravy Mix .....               | V ..... | 9.7 oz .....  | 6.49  |
| __ Roasted Garlic Red Bell Pepper Zip ..... | V ..... | 5 oz .....    | 4.69  |
| __ Roasted Garlic Red Bell Pepper Zip ..... | V ..... | 24 oz .....   | 18.99 |
| __ Saucy Ranch Seasoning .....              | V ..... | 3.6 oz .....  | 4.69  |
| __ Saucy Ranch Seasoning Lg .....           | V ..... | 14 oz .....   | 14.89 |
| __ Veggie Chick Seasoning .....             | V ..... | 6 oz .....    | 6.19  |
| __ Veggie Chick Seasoning Lg .....          | V ..... | 35 oz .....   | 17.99 |

### OTHER

|                                       |         |              |      |
|---------------------------------------|---------|--------------|------|
| __ Bakon Hickory Seasoning .....      | V ..... | 4¾ oz .....  | 9.59 |
| __ Bill’s Best Beef Seasoning .....   | V ..... | 9 oz .....   | 7.29 |
| __ Bill’s Best Chik’Nish Seasoning .. | V ..... | 11 oz .....  | 6.39 |
| __ Bragg Apple Cider Vinegar .....    | V ..... | 16 oz .....  | 4.29 |
| __ Bragg Apple Cider Vinegar .....    | V ..... | 32 oz .....  | 6.79 |
| __ Bragg Liquid Aminos .....          | V ..... | 16 oz .....  | 5.19 |
| __ Bragg Liquid Aminos .....          | V ..... | 32 oz .....  | 9.39 |
| __ GW Brown Seasoning .....           | V ..... | 1.1oz .....  | 2.25 |
| __ GW Golden Seasoning .....          | V ..... | 1 oz .....   | 2.25 |
| __ Mayacamas Brown Gravy .....        |         | 0.65oz ..... | 1.39 |
| __ Mayacamas Chicken Gravy .....      |         | 0.65oz ..... | 1.39 |
| __ Mayacamas Country Gravy .....      |         | 0.65oz ..... | 1.39 |
| __ Mayacamas Savory Herb Gravy .....  |         | 0.65oz ..... | 1.39 |
| __ Mayacamas Turkey Gravy .....       |         | 0.65oz ..... | 1.39 |
| __ McKay’s Beef No MSG .....          |         | 12 oz .....  | 7.99 |
| __ McKay’s Beef Vegan (No MSG) .....  | V ..... | 12 oz .....  | 8.49 |
| __ McKay’s Chicken No MSG .....       |         | 12 oz .....  | 7.49 |
| __ McKay’s Chicken Vegan (No MSG) .   | V ..... | 12 oz .....  | 7.99 |

### NEAT (NON-GMO)

|                       |            |            |      |
|-----------------------|------------|------------|------|
| __ Egg Substitute Mix | V/GF ..... | 5 oz ..... | 4.49 |
|-----------------------|------------|------------|------|

## Snack Food Items

|                                |              |      |
|--------------------------------|--------------|------|
| __ Carob Brownie .....         | 3 ¼oz .....  | 2.59 |
| __ Carob Chip Cookie .....     | 2 ¼ oz ..... | 2.09 |
| __ Oatmeal Raisin Cookie ..... | 2 ¼oz .....  | 2.09 |
| __ Skins - Regular .....       | 3/4 oz ..... | 1.99 |
| __ Skins - Hot .....           | 3/4 oz ..... | 1.99 |

### DRIED FRUIT

|                                       |             |      |
|---------------------------------------|-------------|------|
| __ Mango Slices Unsulphured .....     | 8 oz .....  | 4.59 |
| __ Mango Slices Unsulphured .....     | 16 oz ..... | 9.89 |
| __ Papaya Spears Unsulphured .....    | 8 oz .....  | 4.19 |
| __ Pineapple Slices Unsulphured ..... | 8 oz .....  | 4.39 |

### DANDIES

|                                    |         |             |      |
|------------------------------------|---------|-------------|------|
| __ Dandies Marshmallows .....      | V ..... | 10 oz ..... | 4.79 |
| __ Dandies Mini Marshmallows ..... | V ..... | 10 oz ..... | 4.79 |

### JERKY

|                              |         |            |      |
|------------------------------|---------|------------|------|
| __ Original Recipe .....     | V ..... | 4 oz ..... | 5.49 |
| __ Carolina BBQ .....        | V ..... | 3 oz ..... | 5.99 |
| __ Maple Bacon .....         | V ..... | 3 oz ..... | 5.99 |
| __ Smoked Black Pepper ..... | V ..... | 3 oz ..... | 5.99 |

### SOYSTEAK JERKY

|                            |         |            |      |
|----------------------------|---------|------------|------|
| __ Curry Chicken .....     | V ..... | 6 oz ..... | 5.49 |
| __ Grilled .....           | V ..... | 6 oz ..... | 5.49 |
| __ Hot .....               | V ..... | 6 oz ..... | 5.49 |
| __ Light with Tomato ..... | V ..... | 6 oz ..... | 5.49 |
| __ Peppered .....          | V ..... | 6 oz ..... | 5.49 |
| __ Spicy Chicken .....     | V ..... | 6 oz ..... | 5.49 |
| __ Teriyaki .....          | V ..... | 6 oz ..... | 5.49 |

### EDEN SNACKS

|                              |         |            |      |
|------------------------------|---------|------------|------|
| __ Dried Cherries .....      | V ..... | 4 oz ..... | 6.99 |
| __ Dried Cranberries .....   | V ..... | 4 oz ..... | 3.89 |
| __ Pistachios .....          | V ..... | 4 oz ..... | 8.49 |
| __ Pumpkin Seeds .....       | V ..... | 4 oz ..... | 2.59 |
| __ Spicy Pumpkin Seeds ..... | V ..... | 4 oz ..... | 2.59 |
| __ Wild Berry Mix .....      | V ..... | 4 oz ..... | 3.89 |

### BEANFIELD’S BEAN CHIPS

|                                     |         |              |      |
|-------------------------------------|---------|--------------|------|
| __ Black Bean with Sea Salt .....   | V ..... | 5.5 oz ..... | 3.69 |
| __ Cheddar Sour Cream .....         | V ..... | 5.5 oz ..... | 3.69 |
| __ Himalayan Pink Salt .....        | V ..... | 5.5 oz ..... | 3.69 |
| __ Himalayan Salt and Vinegar ..... | V ..... | 5.5 oz ..... | 3.69 |
| __ Jalapeno Lime .....              | V ..... | 5.5 oz ..... | 3.69 |
| __ Jalapeno Nacho .....             | V ..... | 5.5 oz ..... | 3.69 |
| __ Nacho .....                      | V ..... | 5.5 oz ..... | 3.69 |
| __ Pico De Gallo .....              | V ..... | 5.5 oz ..... | 3.69 |
| __ Spicy Queso .....                | V ..... | 5.5 oz ..... | 3.69 |

## Other Food Items

| TVP                                            | V/GF | Size       | Single      | SKU   |
|------------------------------------------------|------|------------|-------------|-------|
| __ Beef Flavored Chunks .....                  |      | 1 lb ..... | 6.19 .....  | 17540 |
| __ Beef Flavored Chunks .....                  |      | 2 lb ..... | 11.59 ..... | 30655 |
| __ Imitation Bacon Bits .....                  |      | 1 lb ..... | 6.29 .....  | 17557 |
| __ Imitation Beef Flavored Bits .....          |      | 1 lb ..... | 5.99 .....  | 29342 |
| __ Imitation Beef Flavored Chunks .....        |      | 1 lb ..... | 5.99 .....  | 17541 |
| __ Imitation Beef Flavored Minced .....        |      | 1 lb ..... | 5.99 .....  | 17542 |
| __ Imitation Chicken Flavored Chunks .....     |      | 1 lb ..... | 5.99 .....  | 29338 |
| __ Imitation Chicken Flavored Strips .....     |      | 8 oz ..... | 4.79 .....  | 29343 |
| __ Imitation Ham Flavored Bits .....           |      | 1 lb ..... | 6.59 .....  | 17544 |
| __ Imitation Taco Flavored Bits .....          |      | 1 lb ..... | 5.79 .....  | 17549 |
| __ Imitation Lamb UnFlavored .....             |      | 1 lb ..... | 4.65 .....  | 17551 |
| __ Imitation Pepperoni Flavored Chiplets ..... |      | 1 lb ..... | 6.29 .....  | 35860 |
| __ Imitation Sausage Flavored Bits .....       |      | 1 lb ..... | 6.99 .....  | 15089 |
| __ Savory Stew Mix .....                       |      | 4 oz ..... | 4.49 .....  | 35408 |
| __ Soy Curls .....                             |      | 8 oz ..... | 4.79 .....  | 14205 |
| __ Soy Strips .....                            |      | 1 lb ..... | 5.29 .....  | 17548 |
| __ Soyabeaf Chunks Unflavored .....            |      | 1 lb ..... | 5.29 .....  | 17545 |
| __ Soyabeaf Natural Chunks .....               |      | 1 lb ..... | 5.29 .....  | 17547 |
| __ Soya Beaf Natural Minced .....              |      | 1 lb ..... | 5.29 .....  | 17546 |
| __ Unflavored Chicken Chunks .....             |      | 1 lb ..... | 5.29 .....  | 29340 |
| __ Unflavored Chicken Chunks Large .....       |      | 2 lb ..... | 9.99 .....  | 29341 |

### OTHER

|                                       | V/GF | Size        | Single | Case |
|---------------------------------------|------|-------------|--------|------|
| __ Almond Supreme Raw Whole .....     |      | 8 oz .....  | 6.35   |      |
| __ Almond Supreme Raw Whole .....     |      | 16 oz ..... | 13.99  |      |
| __ Carob Chips Sweetened .....        |      | 16 oz ..... | 7.59   |      |
| __ Carob Chips Unsweetened .....      |      | 16 oz ..... | 7.59   |      |
| __ Carob Powder .....                 |      | 16 oz ..... | 4.99   |      |
| __ Cashew Kernels Whole Raw .....     |      | 16 oz ..... | 15.29  |      |
| __ Cashew Pieces Raw .....            |      | 16 oz ..... | 11.99  |      |
| __ Flax Seed Brown Organic .....      |      | 16 oz ..... | 4.19   |      |
| __ Flax Seed Golden Organic .....     |      | 16 oz ..... | 4.99   |      |
| __ Nutritional Yeast .....            |      | 8 oz .....  | 7.69   |      |
| __ Nutritional Yeast .....            |      | 16 oz ..... | 14.49  |      |
| __ Pa’s Pickle Chips .....            |      | 16 oz ..... | 3.79   |      |
| __ Pa’s Pickle Spears or Relish ..... |      | 16 oz ..... | 3.99   |      |
| __ Pa’s Pickle Spears .....           |      | 16 oz ..... | 3.59   |      |
| __ Pecan Meal .....                   |      | 16 oz ..... | 8.19   |      |
| __ Vital Wheat Gluten .....           |      | 16 oz ..... | 5.99   |      |
| __ Vital Wheat Gluten .....           |      | 32 oz ..... | 10.99  |      |
| __ Wheat Bran .....                   |      | 16 oz ..... | 3.99   |      |

## Milk Substitutes

|                                                   | Single | Case |
|---------------------------------------------------|--------|------|
| __ Better Than Milk Original 25.9 oz V .....      | 15.89  |      |
| __ Better Than Milk Vanilla 22.4 oz V .....       | 15.89  |      |
| __ Milkadamia Original 32 oz V .....              | 3.69   |      |
| __ Milkadamia Unsweetened Original 32 oz V .....  | 3.69   |      |
| __ Milkadamia Unsweetened Vanilla 32 oz V .....   | 3.69   |      |
| __ Milkadamia Barista Latte Creamer 32 oz V ..... | 3.69   |      |

## Coffee Substitutes

|                              | Single      | Case  |
|------------------------------|-------------|-------|
| __ Cafix Jar 3.5 oz .....    | 5.99        |       |
| __ Cafix Tin 7.05oz .....    | 9.99        |       |
| __ Cafix Crystals 7 oz ..... | 7.39        |       |
| __ Pero Tin 7 oz .....       | 8.59        |       |
| __ Postum 8 oz .....         | 11.99       |       |
| __ Roma 7 oz NG .....        | 10.29 ..... | 54.25 |

## Other Health Items

|                                                  |              |       |
|--------------------------------------------------|--------------|-------|
| __ Charcoal Activated Tablets .....              | 365 ct ..... | 24.99 |
| __ Charcoal Activated Tablets Blister Pack ..... | 60 ct .....  | 9.99  |
| __ Charcoal Activated Vegicaps .....             | 125 ct ..... | 15.99 |
| __ Charcoal Powder .....                         | 10 oz .....  | 14.99 |

V - Vegan

GF - Gluten Free

NG -Non-GMO

Refrigerated items  
available  
Call for info

ALL PRICES SUBJECT TO CHANGE.